

# 1. My Farm Visit CheckList

We want all you **Farm Safety Stars** to be farm safe, and to stay farm safe. So let's plan our farm visit

## 1. What to Know Before You Go!

Take a look at the pictures below, and in the spaces provided fill in the details such as grown-ups you can visit a farm with and the type of farm(s) you visit.



## Who are you going with?

We never visit a farm alone. Make sure you only visit with a grown-up - a farm can be full of many dangers that you do not know about yet and having a grown-up will help you learn where is OK and where you must stay away!

**Grown-ups I can visit the farm with:** 



#### What kind of farm is it?

Is it a dairy farm, beef farm or arable farm? There are many different kinds of farms. By knowing what kind of farm you are visiting you know what to expect and what to look out for!

The kind of farms I visit:



## Are big jobs planned?

If the farm is going to be busy then it is **NOT** the time to go for a visit. Wait until the work is done. There could be machinery in full swing or animals being moved around. Not the place for non-farmers to be!

Times when the farm is busy:



#### Know the signs

You will see many warning signs on the farm. But do you know what their colours mean and the dangers they are warning you about? Don't worry as up next we will learn more about the Safety signs!

Signs I have seen on the farm:

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Pic. Tim Scrivener



## 2. What to wear

- ✓ Wear high visibility clothing so that you can be seen.
- ✓ Wear warm clothes, especially in winter, and strong shoes.
- Bring a rain jacket in case it rains.
- X Do not wear flip-flops or sandals.
- X Do not wear skates, wheelies or rollerblades.
- Do not wear loose-fitting clothes, or clothes with straps or strings that can snag.

## 3. What to do

- Only go where it is safe and permitted on a farm.
- Heed all warning signs.
- ✓ Leave gates how you found them shut them if you opened them.
- X Never wander around a farm on your own.
- X If you see a red or yellow warning sign anywhere do not go there.
- X Never touch a fence, which may be electrified.
- ✗ Keep back from any river, pond or ditch.
- X Never go into a field with animals, such as a bull or animals with their young.

# 4. What to bring

- ✓ A mobile phone with emergency & useful contact numbers stored.
- If there is an emergency do you know the postcode to tell the emergency services?

# My Emergency Plan

In an emergency what is your plan of action:

## **Important Numbers:**



**Ambulance / Fire Brigade** 

999 or 112

N 1

**National Poisons Centre Helpline** 

**◆ 111 or for ROI (01) 809 2166** 

### Contacts:

**Guardian/Parent:** 

**Guardian/Parent:** 

Postcode:



